

HEALTHY GRANDPARENTS



What is Healthy Grandparents?

PHG OFFERS HOME-BASED SERVICES WHICH SUPPORT, STRENGTHEN, AND EMPOWER THE PHYSICAL AND EMOTIONAL WELL-BEING OF THE WOMEN AND MEN WHO ARE PLAYING SUCH A VITAL ROLE IN THE RAISING OF THEIR GRANDCHILDREN.

HEALTHY GRANDPARENTS SERVES 50 GRANDPARENT OR GREAT-GRANDPARENT HEADED FAMILIES THROUGHOUT NORTHEAST GEORGIA.

SERVICE GOALS

- TO INCREASE THE GRANDPARENT'S KNOWLEDGE OF COMMUNITY RESOURCES

- TO INCREASE THE GRANDPARENT'S ABILITY TO COPE WITH THE CARE OF THEIR GRANDCHILDREN

- TO INCREASE THE GRANDPARENT'S KNOWLEDGE OF HOW TO CARE FOR THEIR GRANDCHILDREN

- TO INCREASE THE MONITORING OF HEALTH STATUS AND NEEDS

- TO SHOW A DECREASE IN STRESS DUE TO THE FAMILY'S PARTICIPATION IN HEALTHY GRANDPARENTS

- TO SHOW AN INCREASE IN OVERALL HEALTH AND SENSE OF WELL-BEING

Healthy Grandparents

Northeast Georgia:

Total Served since October 2009	New Intakes	Exits
43	12	12

Barrow/Walton:

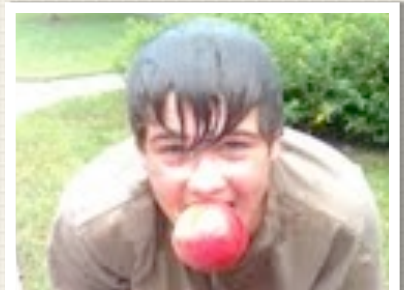
Total Served since October 2009	New Intakes	Exits
31	2	2

Total Served since October 2009:

74 Families

148 Grandchildren

THE GANG



SUCCESS STORY:

Many grandparents do not have the opportunity to know what a difference a small, non-profit program can do to help change their lives. After speaking with Ms. Reed, she has several things to say about how Healthy Grandparents has assisted her with raising her grandson, Christopher. Ms. Reed stated that one of the most important things Healthy Grandparents has helped her accomplish was the adoption of her grandson. "If it hadn't been for Healthy Grandparents, my grandson and I would have never been able to be together. Now I know that he is mine. No one can take him away from me. Without Healthy Grandparents, I wouldn't have had the funds to adopt Christopher." She also stated that having adopted Christopher, she feels that a lot of pressure is off of her. She knows that her grandson is safe now. "We go through so much as grandparents raising our grandchildren, and Healthy Grandparents provides us a way to cope with all of the struggles." She stated that without Healthy Grandparents, she would have been lost. Having the resources to adopt Christopher provided Ms. Reed's family with security and stability.

SERVICES PROVIDED

1. CASE MANAGEMENT
2. HOME-BASED PARENT EDUCATION
3. MENTORING AND TUTORING SERVICES
4. FAMILY LIFE SKILLS
5. INFORMATION AND REFERRAL SERVICES
6. CHILDCARE
7. TRANSPORTATION
8. PARENT EDUCATION SEMINARS
9. NURSING
10. PARENT/CHILD GROUP ACTIVITIES
11. GRANDPARENT AND GRANDCHILDREN SUPPORT GROUPS
12. LEGAL EDUCATION SERVICES

FUNDING

1. HEALTHY GRANDPARENTS IS FUNDED IN LARGE PART THROUGH THE FEDERAL PROMOTING SAFE AND STABLE FAMILIES (PSSF) GRANT.
2. THE GRANT WAS DEVELOPED IN 1993 IN AN EFFORT TO HELP PREVENT FAMILIES FROM BECOMING INVOLVED WITH THE CHILD WELFARE SYSTEM.
3. PSSF PROMOTES EASY ACCESS TO CHILD AND FAMILY CENTERED SERVICES IN COMMUNITIES ACROSS THE STATE OF GEORGIA FOR FAMILIES AT-RISK.



2010 PROGRAM HIGHLIGHTS

JACKSON & WALTON EMC

TOTAL AWARDED: \$12,500

THESE TWO GRANTS WILL BE USED TOWARDS THE PURCHASE OF FOOD AND PERSONAL CARE BOXES.

THE BROOKDALE FOUNDATION

TOTAL AWARDED: \$10,000

THIS GRANT WILL BE USED TOWARDS CREATING A NUTRITION AND EXERCISE EDUCATION PROGRAM. THE HEALTHY GRANDPARENTS PROGRAM WILL BE PARTNERING WITH THE UNIVERSITY OF GEORGIA'S DEPARTMENT OF FOODS AND NUTRITION.